



## ***Curriculum Vitae***

### **Personal information:**

**First name:** MohammadBagher      **Surname:** Shamsi

**Work address:** School of Paramedicine, Kermanshah University of Medical Sciences, Kermanshah, Iran

Phone: (+98) 8338279697

Fax: (+98) 8338262084

Email: Mshamsi@kums.ac.ir

### **Educational Background:**

2009-2014 Iran University of Medical Sciences, Tehran, Iran  
PhD in Physiotherapy

1989- 1991 Tehran University of Medical Sciences, Tehran, Iran  
MSc in Physiotherapy,

1984- 1988 Shiraz University of Medical Sciences, Shiraz, Iran

BSc in Physiotherapy,

## **Employment /Professional Experience**

1991- 2009 Lecturer, School of Nursing, Midwifery and Paramedicine, Kermanshah University of Medical sciences, Kermanshah, Iran

2014-Present Assistant Professor, School of Paramedicine, Kermanshah University of Medical sciences, Kermanshah, Iran

2000- 2007 Head of Educational Affairs, Kermanshah University of Medical sciences

1995-1998 Deputy Minister of Education, School of Nursing, Midwifery and Paramedicine, Kermanshah University of Medical Sciences

## **PUBLICATIONS:**

### **Published Articles in English:**

Shamsi, MohammadBagher, Korosh Veisi, Loghman Karimi, Javad Sarrafzadeh, and Farid Najafi. "Normal Range of Thoracic Kyphosis in Male School Children." *ISRN Orthopedics* 2014 (2014).

Shamsi, MohammadBagher, Javad Sarrafzadeh, and Aliashraf Jamshidi. "Comparing core stability and general exercise on chronic low back pain patients using three functional lumbopelvic stability tests." *Physiotherapy theory and practice*" (2014): 1-10.

### **Articles Under Review in English:**

“The effect of core stability and general exercises on abdominal muscle thickness using ultrasound imaging. A quasi-randomised controlled trial” in “Back and Musculoskeletal Rehabilitation”

"Does Core stability exercise improve lumbopelvic stability (through endurance tests) more than general exercise in chronic low back pain? A quasi-randomised controlled trial" in " Physiotherapy theory and practice" journal.

Comparison of Muscle Activation Imbalance following Core Stability or General Exercises in Nonspecific Low Back Patients” in “Spine” journal.

## Published Articles in Persian:

شمسي محمدباقر, کرمي متين بهزاد. "عنوان مقاله: بررسی میزان آگاهی پزشکان عمومی شهر کرمانشاه از درمانهای فیزیوتراپی در سال ۱۳۷۷". مجله بهبود، دانشگاه علوم پزشکی کرمانشاه، ۱۳۷۹

شمسي, محمدباقر, سیروس رضایی, و. "عوامل خطر در بیماران مبتلا به کمر درد مراجعه کننده به مراکز درمانی کرمانشاه (۱۳۷۹)". مجله بهبود، دانشگاه علوم پزشکی کرمانشاه، ۱۳۸۵

شمسي محمدباقر, کریمی لقمان, ویسی کوروش, و نجفی فرید. "دامنه طبیعی قوس کیفوز پشتی دانش آموزان پسر ۱۸-۱۳ سال سالم شهر کرمانشاه مجله بهبود، دانشگاه علوم پزشکی کرمانشاه، (۱۳۸۷)". ۳۹۳-۳۹۹.

شمسي, محمد باقر, سروش علی و سروش گل سپیده. "مقایسه تمرینات ورزشی ثبات دهنده مرکزی و تمرینات عمومی تنه بر روی بیماران کمردرد مزمن با استفاده از سه تست عملکردی پایداری ناحیه لگنی-کمری." تحقیقات بالینی در علوم پیراپزشکی, شماره ۲ (۱۳۹۳) ۱۱۵-۱۲۳ .

## Presentations at international Conferences:

“Normal Range of Thoracic Kyphosis in Boy Students” , 7<sup>th</sup> world congress on Low Back Pain, Los Angeles, USA, Nov 2010 (Poster)

“Knowledge of Correct usage of Back during Activities between Low Back Pain and

Non- Low Back Pain People”, 6<sup>th</sup> world congress on Low Back Pain, Barcelona, Spain, Nov 2007 (Poster)

“Low Back Pain risk factors in Kermanshah”, Iran, 5<sup>th</sup> world congress on Low Back Pain, Melbourne, Australia, Nov 2004 (Poster)

### **Presentations at Domestic Conferences:**

“Comparison of spinal stabilization exercise and general exercise on enhancing lumbar stability in non-specific chronic low back pain patients using a biomechanical model.” 26<sup>th</sup> Physiotherapy Annual Congress, Iranian Physiotherapy Association, 1394 Tehran, Iran (Oral).

“Motor control exercise and general exercise comparison on chronic low back pain patients using endurance tests” 15<sup>th</sup> Seminar in specific Physical Therapy, University of social welfare and rehabilitation sciences, 1393 Tehran, Iran (Oral).

"Comparing core stability and general exercise on chronic low back pain patients using three functional lumbopelvic stability tests." 25<sup>th</sup> Physiotherapy Annual Congress, Iranian Physiotherapy Association, 1393 Tehran, Iran (Oral).

### **Books Published in Persian:**

Shamsi M.B, Low Back Pain, Chehr Publication, Tehran, Iran, 2003

**Books Translated in Persian:**

Shamsi M.B, Writing Research Papers, Taghbostan Publication, Kermanshah, Iran, 2000